

Resident's Roundup

Friday 06th June, 2025

"ITS NOT THE YEARS IN YOUR LIFE THAT COUNT. IT'S THE LIFE IN YOUR YEARS"

Monday: "The residents started their day with indoor walks and light exercises due to the chilly weather. Later, they took part in a live physiotherapy session with IAGE Health, followed by a relaxing afternoon enjoying some television. 🎵 🚶"

Tuesday: The day began with Nail Care, an activity several residents were eagerly looking forward to. This was followed by a cheerful Art & Craft session with Chris, filled with light conversation. The afternoon was spent relaxing and watching television. 🚶

Wednesday: The day began with music and exercise to get the residents warmed up. This was followed by a fun game of Bingo where Jenny Driscoll won five prizes, and the afternoon was spent enjoying a movie.

Thursday: The residents began their day with music and exercise once again. Afterwards, we enjoyed a fun game of Alphy! In the afternoon, the Clontarf Boys joined us for a relaxing Riverwalk.

Friday: The residents began their day with a cheerful sing-along, followed by a lively game of Hoy—where Dot Andersen impressively took home five prizes! The day continued with Happy Hour, a classic fish lunch, and a peaceful afternoon that ended with many residents enjoying a well-deserved nap. 🎵 🚶



Week beginning

09th - 13th June 2025

Monday 09th June

08.30am – Walk Around Indoor
11.00am- Concert Piano Music
2.10pm – Movies

Tuesday 10th June

08.30am- Music & Exercise
11.00am- Bingo for Fun
3.30pm – Riverwalk with Clontarf

Wednesday 11th June

09.00am- Music Therapy
10.00am- Biggest Morning
Tea/Happy Hour/BBQ
2.10pm – Taking A Nap

Thursday 12th June

09:15am – Live Exercise with Kaitlin/Rob
11.00am- Poetry with Nick
3.00pm – Riverwalk with Clontarf

Friday 13th June

08:30am- Walk Around Indoor
11.00 am –Hoy
12.00pm- Happy Hour

SATURDAY & SUNDAY

The Care staff will be organizing fun activities such as balloon tapping, ball passing, hand massages, and more.