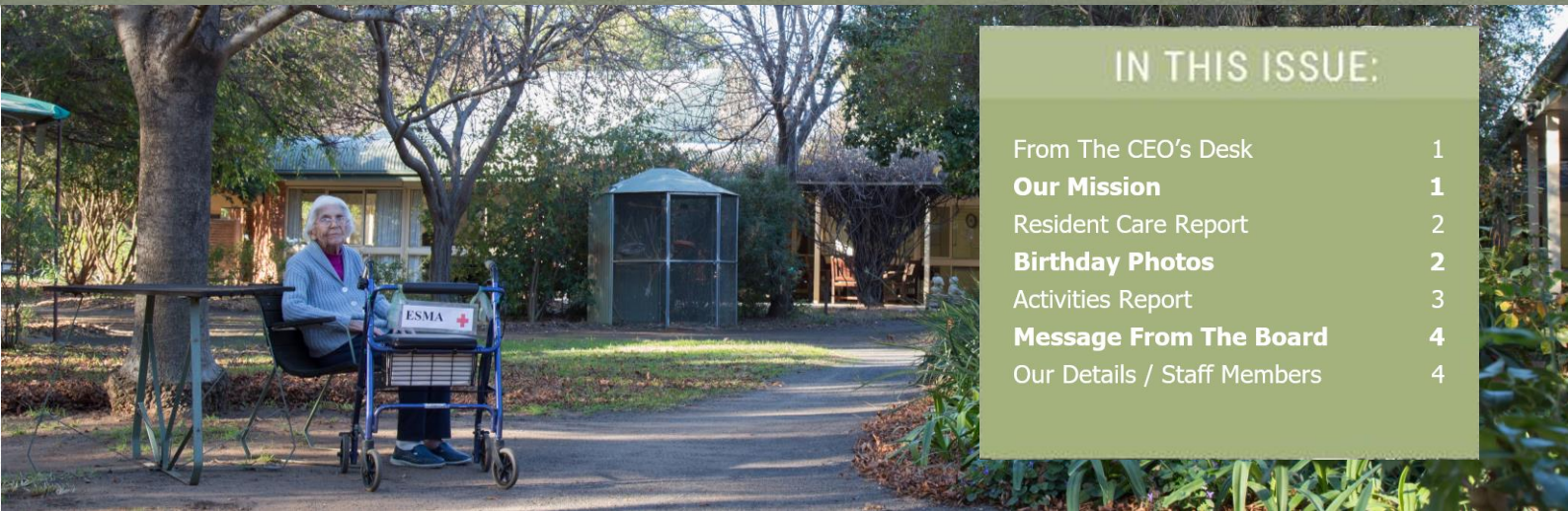


KOONAMBIL NEWS

SEPTEMBER 2018



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FROM THE CEO'S DESK

Work is well underway on the major upgrades and improvements to the facility. Demolition of the old laundry and manager's flat was the smashing start to the project which will see significant milestones met by the end of this month. Concrete has been poured for the

foundations and the roof trusses and wall frames are currently being erected. A new accessible bathroom, relocated resident room, a consulting space for doctors and visiting specialists, and a meeting room will be in use shortly.

Our opportunities to act as industry leaders continue through our association with NIACC. We have recently finalised a tender for hotel consumables and cleaning supplies, which has seen Koonambil transition to a new supplier and new products. Benefits include cost savings, decreased environmental impact and benefits to our residents' wellbeing.

Our next tender process is for power, and involves an audit of our current practices and the investigation of an energy saving scheme before the consideration of a solar option. Again, this process places Koonambil at the forefront of our industry.

Koonambil has recently undergone two audits and passed both with flying colours. NSW Food Authority have conducted their annual audit of the Koonambil kitchen and we have retained our A1 rating. Our annual financial audit has also been completed successfully and satisfactorily. The auditor's full report will be available at our AGM.

Our Mission

Provide high quality care and services in a range of accommodation settings

ANNUAL GENERAL MEETING

The Koonambil AGM will be held on Tuesday 16 October at 6pm in the Lounge Room. All community members are invited to attend. Financial members have voting rights. Annual membership is \$11 and can be arranged at the Koonambil office.

Cath Bush | CEO



RESIDENT CARE REPORT

In the last few months, our **condolences** have been with the family of Alma Backhouse; while we've welcomed Nakka Kennedy, Cath Harrison and Val Hooper as **new residents**, Eileen Leonard, Ted and Margaret Johnstone who have joined us for respite. Congratulations to Esma Robinson who turned 101 in August.

Recently, we have started a staff mentoring program as part of our continued focus on providing the highest levels of care for our residents. This has been particularly timely as our nursing team has been expanding rapidly.

Physios continue to visit Koonambil two days each week, assessing residents and working closely with staff on individual exercise plans to improve residents' mobility. Residents have also recently completed the 6-monthly Berg Balance test undertaken by staff. This assesses the fitness and mobility of residents, allowing staff to modify exercise programs to address any problems.

We're looking forward to the outcome of the major building upgrades when the new air conditioning will ensure residents comfort and there will be additional consulting and work space for visiting specialists and staff. In the meantime, residents are enjoying watching the bobcats and trucks make progress during walks around the garden.

Imogen has retired from Koonambil and has gone to live with Leonie Jones. We won't have a new inside dog but Whitey is our new outside dog. Shirley will come and visit occasionally.

Lynne Waterford | Care Manager



HAPPY BIRTHDAY

Clockwise from top left:
Esma Robinson, Gwenda Shanahan, Val Hooper, Janet Fitzgerald and Kaye Cook.





ACTIVITIES REPORT

01

In **July**, the Koonambil Soccer World Cup involved a net, ladders and beach balls in the lounge room.

A representative from Brain Trainer Plus visited Koonambil with some new and exciting computer programs, games and exercises for the brain for residents to try out.

An online subscription to the Coonamble Times can be viewed on the big TV screen weekly.

Residents enjoyed a drive along the Pilliga and Baradine Roads via the Killara Lane, despite the desperately dry conditions.

Botcha, Boules Pro Golf and Bingo continue to be popular regular activities with the residents.

02

August saw a bus trip to Outback Arts where residents were able to view current exhibitions and catch up on recent creative developments.

Residents and staff filmed their own rain dance to support the #coonamblerraindance event. The video is going viral online!

New quizzes had residents stumped while Botcha and Boules were also hotly contested.

As the weather warmed up, garlic was planted in the Koonambil garden and residents enjoyed trips to Nakadoo Farm and the Quarry.

Wildlife was a highlight along with a stop at the Willow Downs Fire Shed where Esma had been a very active member of the RFS.

03

In **September**, residents enjoyed being in the garden to plant bulbs. We look forward to seeing the blossoming result!

Koonambil signed up for Footy Colours Day when staff and residents wore their favourite footy colours or jumper for the day in support of the Fight Cancer Foundation.

We welcomed two work experience students who helped in the kitchen and with activities as they learnt more about Koonambil.

Music was a theme during September. The PreSchool came to visit and entertain us with their songs, the Primary School Choir performed and residents continued to enjoy 'Music for the Mind', where they request songs and play along with instruments.



Recently, we've reviewed the trends in results of our 2018 resident surveys in comparison to surveys from previous years. These surveys assess resident satisfaction with food, and various lifestyle aspects including leisure activities, privacy, dignity, emotional support, choices, decision making, independence and cultural needs.

By benchmarking results from previous years, we can identify areas that we'd like to improve, and understand which areas we're excelling in. This is an important part of our commitment to residents.



MESSAGE FROM THE BOARD

The Koonambil AGM will be held on Tuesday 16 October at 6pm in the Lounge Room. I encourage any interested community member to attend. Becoming a financial member of Koonambil is easy and gives voting rights at the AGM. At the AGM, the Board will be reporting on the audited financial statements and other achievements that have been made during the last year.

I'm very excited to see the building works underway and am looking forward to seeing the difference this makes in bringing us closer to our vision for Koonambil. This work will provide major infrastructure upgrades that places us in a very strong position for future growth and operational efficiency.

David Ryan | Chair

OUR DETAILS

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Board of Management 2017-2018

Chair: David Ryan

Deputy Chair: Colin Readford

Treasurer: Dianne Smith

Directors: Beverley Davidson, Eric Fisher, Marianne Lampe, Joan Leonard

STAFF MEMBERS

CEO Cath Bush

Finance Manager Helen Rackham

Care Manager Lynne Waterford

Registered Nurses Janie Johnston, Mavis Kamota, Maddie Cassegrain, Fran Mooy.

Clinical Care Grace Andrews

Care Staff Diane Molloy, Laura Finn, Rick Kennedy, Gill Roworth, Deanne Towns, Leonie Jones, Marie McLellan, Dianne Gregory-Hunt, Tammy Haycock, Kerry Hansen, Tammy White, Tori Canham, Alesha Evans, Jess Vine, Mekala Smith

Hotel Services Rhonda Ingram, Allison Pawley, Jenise Thomas, Fiona O'Malley, Gail Day, Wendy Geale, Jess Canham, Liberty Wall

Activities Jane Haycock, Jess Canham
Maintenance & Gardens Mick Murray, John Robinson